

How do they work?

These calcium channel blockers relax blood vessels and increase the supply of blood and oxygen to the heart while reducing its workload.

What are they used for?

They are used for a variety of reasons such as:

- High blood pressure
- Chest Pain
- Protection of arterial graphs used for bypass surgery



Are there any Side Effects?

Some effects that people have had while taking these medicines are:

- Flushing and feeling warm
- Dizzy or lightheaded
- Stomach upset

Call your doctor/nurse practitioner (NP) right away if you have:

- Chest pain
- Fast, irregular, or pounding heartbeat
- Skin rash or yellowing of skin or eyes
- Swelling in the ankles or feet
- Unusual tiredness or weakness
- Wheezing or trouble breathing
- Dark yellow urine



How Do I Take Them?

These medicines are usually taken once or twice daily. It is best to take them on an empty stomach. It is best to take them at the same time each day.

Because they are used to treat chronic conditions, you may be taking this medicine lifelong.

Do not eat grapefruit or drink grapefruit juice while you are using any of these medicines.

Do NOT stop taking this medicine without checking with your doctor/NP first.

Be sure to fill your prescription as soon as possible following discharge from the hospital.

Generic Name	Brand Name
amlodipine	Norvasc
felodipine	Plendil
nifedipine	Adalat

Please note that this information sheet does not contain complete information about Amlodipine, Felodipine, and Nifedipine. If you need more information about these medications, be sure to ask your doctor/NP or pharmacist.