Dear Referring Physician,

It is important that your patient be prepped according to the instructions on the Patient Information Sheet in order to provide an optimum test result. Please print, complete and review these instructions with your patient. A copy of the patient instructions can be located at:

http://www.smgh.ca/care-services-support/nuclear-medicine/nuclear-medicine-diagnostic-imaging-for-referring-physicians/

Note for bookings:

Exercise stress test is generally preferred.

Pharmacologic (persantine) if unable to exercise. Pharmacologic (persantine) preferred in LBBB and pacemaker patients.

Consider dobutamine stress in patients with significant reactive airway disease.

The decision to hold medication for stress testing is based on the clinical circumstances, the indications for stress testing and the type of stress testing performed. See below.

Aortic stenosis is a relative contraindication.

For the DIAGNOSIS of CAD, nitrates, calcium channel blockers and beta blockers should be held 48 hrs. prior to stress study.

To assess the EFFICACY OF THERAPY in a patient with known CAD, these agents may be taken as usual if under-taking exercise or dobutamine stress. Avoid vasodilators for persantine studies.

Thank-you,

Dr. R.A. Dubeau

Please complete section below and fax page back to the SMGH Nuclear Medicine Department (519) 749-6495:

☐ I confirm that the patient’s name and date of birth as listed above are correct.

Patient to undergo: ☐ Exercise Treadmill Test ☐ Pharmacologic Stress Test

Patient’s Weight: ____________ kg

☐ I have advised patient to hold the following medication(s) for the test:

________________________________________________________________________

________________________________________________________________________

REFERRING PHYSICIAN SIGNATURE ________________________ DATE ________________________

August 2017