Consult with your Doctor for a Referral to GMCC

Our facility is located on the first floor of St. Mary’s:

911 Queen’s Blvd.
Kitchener, Ontario
N2M 1B2

Contact us by phone or fax:
• Phone: 519-749-6425
• Fax: 519-749-6498

Hours of operation:
• Monday to Friday from 8:00 a.m. to 4:00 p.m.

When is My Appointment?

NAME: ______________________
__________________________

DATE: ______________________
__________________________

TIME: ______________________
__________________________
What is Geriatrics?

Geriatrics is an area of medical speciality that focuses on consultative care of older adults. We complete extensive assessments to provide diagnosis and treatment options for conditions such as:

- Memory Loss
- Declining Function
- Falls
- Medication Optimization
- Complex Medical Conditions
- Osteoporosis
- Chronic Pain
- Incontinence
- Depression

What You Can Expect:

During Your Appointment

- A comprehensive assessment will be completed by members of an inter-professional team. The team could include a Nurse Practitioner, Social Worker, Pharmacist and Geriatrician, as well as supervised Medical Residents and/or Medical Students.
- The appointment may take up to two hours, since an extensive, in-depth assessment is required.
- Our assessments usually include formal cognitive testing.

After Your Appointment

- A requisition may be given after for further investigations such as: blood work, X-rays, and CT or MRI scans if necessary.
- We are partnered with Waterloo-Wellington CCAC and other Community Support Agencies and can make referrals for community support on your behalf.
- A report of our assessment will be sent to your family doctor.
- We work with your primary care physician and health care team.

What to Bring to Your Appointment:

- Your Health Card
- Your medications including: vitamins, drops, puffers and herbal supplements. Bring the bottles and any containers you may be using to dispense your medications.
- We strongly advise that you bring a family member or friend who knows you well enough to assist in providing a complete picture of your health status.
- Hearing aids
- Glasses
- Any other medical assistive-devices (e.g.: walker)