# INDIGENOUS PATIENT NAVIGATOR



#### What is an Indigenous Patient Navigator?

They support First Nations, Inuit and Mètis people in navigating their health care journey

## Why is this service available?

To help remove barriers to accessing quality, equitable healthcare to promote and advocate for a culturally safe environment and to assist in identifying needs and areas for improving quality of care for Indigenous people in hospital

### What does an Indigenous Patient Navigator do in hospital?

Connect in-person or by phone to provide support at the hospital by enhancing communication, providing advocacy, provide referrals to SOAHAC and other community services, help to understand healthcare plan and support with discharge planning

## How do you make a referral?

Contact the Indigenous Patient Navigator Katrina Graham at:

Cell phone: 519-372-6034

SOAHAC Main office number: 226-476-3672

Fill the referral form and send to our confidential fax number at:

519-623-2929

Hours of service are 8:30am-4:30pm Monday- Friday except holidays. Consent from the Client or Substitute Decision Maker is always required

